Indigo Career Plus
Course Overview

The Indigo Career Plus course begins by guiding students through taking the Indigo Assessment and how to interpret the report to understand themselves better and apply that understanding to finding a fulfilling career. At the same time, students will begin constructing a website with their responses that acts used as an online presentation of the work they have done. The second half of the course walks students through exploring a potential career from how it aligns with them to what steps they would need to take to be prepared for a job in that field.

The three Indigo Report sections of the course follow the same structure: 1. Intro video. 2. Instruction in how to interpret the graphs on the report. 3. Information and videos about the section topic. 4. Guidance for students to explore their own top traits. 5. Concept evaluation. 6. Written reflection about applying what they have learned to career or life and posting that to the website. The six Career Exploration steps guides students through researching a career. Students build up to writing an elevator pitch about who they are, what their career goals are, and why their chosen career is a good fit for them, then finalize their website

Take Indigo
This section of the course guides students through taking the Indigo Assessment. This section can be skipped if the assessment has been taken already.

▶	**Assessment Intro Video.** Students watch a video about how to complete the assessment successfully.
📋	**Take the Indigo Assessment.** Students take the Indigo Assessment in a new window and download their report.

Setting up Your MAP in Wix
During this course, students will create a Master Activation Plan, or MAP, which is a website with information about who they are, what's important for them, and what careers interest them.

🖥	**Create a Website.** Students create a website from a template that will contain their work in the course.
🖼	**Begin Customizing Website.** Students begin learning how to make changes to their website including adding their name and an image.
✏	**Strengths Statement.** Students write a strengths statement based on the summary page of their Indigo Report and add it to their website.

Motivators

Motivators reveal the things you really care about. They are what grabs your heart and what gets you excited. Motivators correlate directly to fulfillment. The six Motivators that Indigo measures are Aesthetic, Individualistic, Social, Theoretical, Traditional, and Utilitarian.

Motivator Intro Video. Students watch a video introduction to the science of Motivators and why they are important to understand.

How to Read the Motivator Graph. Students learn how to read the Motivator graph. Motivators are ranked in order of importance in a person's life.

Introduction to Motivators. Students learn about the six Motivators and watch videos of other students who connect with those Motivators.

Explore Your Motivators. Students explore more about their own top Motivators, including watching advice videos.

Motivators Concept Evaluation. Students take a brief, automatically graded quiz that covers content from the Motivator section.

Motivator Statement. Students write a Motivator Statement reflecting on their Motivators and how they show up in their life. Then they add the statement to their website in the About Me section.

DISC

DISC scores reveal a person's natural behavioral styles. People can use their DISC scores to better understand themselves and articulate their unique qualities. The four different colored bars represent four behavior qualities: Dominance, Influencing, Steadiness, and Compliance.

DISC Intro Video. Students watch a video introduction to the science of DISC and why it is important to understand.

How to Read the DISC Graph. Students learn how to read the DISC graph. Higher or lower DISC traits are the most prominent.

Introduction to DISC. Students learn about the four DISC bars and watch videos of other students who have those traits.

Explore Your DISC Traits. Students explore more about their own top DISC traits, including watching advice videos.

DISC Concept Evaluation. Students take a brief, automatically graded quiz that covers content from the DISC section.

DISC/Ideal Work Environment Statement. Students complete a written exercise reflecting on their DISC traits and apply then to identify an ideal education/working environment for them, then add it to their website.

Skills

The type of skills on the Indigo Report are soft skills, also called 21st Century Skills. Soft skills are based on experience and relate to how people interact with others and personal qualities that they bring to a team. The Indigo Assessment measures 23 soft skills.

Skills Intro Video. Students watch a video introduction to the science of soft skills and why they are important to understand.

How to Read the Skills List. Students learn how to interpret the skills list and where to focus attention when developing skills.

Introduction to Skills. Students learn about the skills and watch videos about how to approach their soft skills.

Explore Your Skills. Students explore more about their own top skills, including watching advice videos.

Skills Concept Evaluation. Students take a brief, automatically graded quiz that covers content from the skills section.

Skills Statement. Students write about their top skills and how they have used them in their life. They then add the Skills Statement to their website.

Career Exploration

In the Career Exploration section, students use the concepts and applications from the previous parts of the course to explore a career and create a career plan that aligns with them. This is not intended to be a forever plan; the point is to practice the process of designing a career plan based on a students' personal strengths, motivations, behaviors, and skills. Each step includes a writing component that is added to the website.

Step 1. Choose a job you want to explore.

Step 2. Check for personal alignment.

Step 3. Research what you need to do to get this job.

Step 4. Pick one thing you can do now to start.

Step 5. Tell people about you and your goals (writing an Elevator Pitch).

Step 6. Finalize your website.

Conclusion. Watch a video with career advice, complete a post-survey, and access additional course resources.